

Fin dag RCOVL: Session: 1: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ 13:50 The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY WOMEN 11+ Heat:1, starttime: 14:00

Heat: 1/4 Lane : 1 Athlete: BRYN BARON YVONNE Q-time: 00:07:00

PB (25m pool): 03:15.61 Sinbad 05/10/2025 PB (50m pool): 03:12.42 SB: 03:15.61 Sinbad 05/10/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:47.16		no time		no time		03:15.61
	00:47.16							

Coach feedback:

Event number: 1: 200M MEDLEY WOMEN 11+ Heat:3, starttime: 14:00

Heat: 3/4 Lane : 2 Athlete: BULCKAEN JANNE Q-time: 00:05:00

PB (25m pool): 02:49.62 LAGO Zwevegem 09/06/2025 PB (50m pool): 02:52.98 SB: 02:51.00 Sinbad 05/10/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.11		01:20.62		02:10.16		02:49.62
	00:37.11		00:43.51		00:49.54		00:39.46	

Coach feedback:

Event number: 2: 200M MEDLEY WOMEN 13+ Heat:1, starttime: 14:05

Heat: 1/3 Lane : 4 Athlete: DE VREESE JULIE Q-time: 00:01:00

PB (25m pool): 02:30.10 Temse 17/11/2025 PB (50m pool): 02:34.84 SB: 02:30.10 Temse 17/11/2025

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.69		01:12.02		01:56.27		02:30.10
	00:33.69		00:38.33		00:44.25		00:33.83	

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:05	
Heat: 1/4 Lane : 2 Athlete: VAN HULLE MAURO							Q-time: 00:05:00	
PB (25m pool): 03:23.51 Eeklo 06/04/2026			PB (50m pool): no time SB: 03:23.51 Eeklo 06/04/2026					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:46.92		no time		no time		03:23.51
	00:46.92							

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:05	
Heat: 1/4 Lane : 6 Athlete: VERNIERS ROBIN							Q-time: 00:04:00	
PB (25m pool): 03:02.59 Eeklo 06/04/2026			PB (50m pool): 03:20.70 SB: 03:02.59 Eeklo 06/04/2026					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.71		no time		no time		03:02.59
	00:38.71							

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:05	
Heat: 3/4 Lane : 3 Athlete: ROSIERS MATHIAS							Q-time: 00:03:00	
PB (25m pool): 02:35.29 Sinbad 05/10/2025			PB (50m pool): 02:36.62 SB: 02:35.29 Sinbad 05/10/2025					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.54		no time		no time		02:35.29
	00:36.54							

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:05	
Heat: 3/4 Lane : 7 Athlete: HADJ FRADJ TAYSIR							Q-time: 00:06:00	
PB (25m pool): 02:41.33 Sinbad 05/10/2025			PB (50m pool): 02:47.47 SB: 02:41.33 Sinbad 05/10/2025					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.51		no time		no time		02:41.33
	00:35.51							

Coach feedback:

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Event number: 3: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:10	
Heat: 4/4 Lane : 3 Athlete: BULCKAEN KORNEEL							Q-time: 00:03:00	
PB (25m pool): 02:39.78 Sinbad 05/10/2025			PB (50m pool): 02:44.31 SB: 02:39.78 Sinbad 05/10/2025					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.13		no time		no time		02:39.78
	00:36.13							

Coach feedback:

Event number: 5: 100M BUTTERFLY WOMEN 11+					Heat:2, starttime: 14:25	
Heat: 2/2 Lane : 6 Athlete: BULCKAEN JANNE					Q-time: 00:04:00	
PB (25m pool): 01:19.59 Sint-Amansberg 19/10/2025			PB (50m pool): 01:21.81 SB: 01:19.59 Sint-Amansberg 19/10/2025			
	25 M	50 M	75 M	100 M		
PB		00:36.24		01:19.59		
	00:36.24		00:43.35			
		

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 13+					Heat:1, starttime: 14:25	
Heat: 1/3 Lane : 2 Athlete: DE VREESE JULIE					Q-time: 00:05:00	
PB (25m pool): 01:13.59 Sint-Amansberg 19/10/2025			PB (50m pool): 01:14.19 SB: 01:13.59 Sint-Amansberg 19/10/2025			
	25 M	50 M	75 M	100 M		
PB		00:33.99		01:13.59		
	00:33.99		00:39.60			
		

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 14:25	
Heat: 2/2 Lane : 3 Athlete: VERMEULEN DAAN					Q-time: 00:03:00	
PB (25m pool): no time			PB (50m pool): no time SB: no time			
	25 M	50 M	75 M	100 M		
PB		no time		no time		
	no time					
		

Coach feedback:

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Event number: 8: 100M BUTTERFLY MEN 13+				Heat:1, starttime: 14:30	
Heat: 1/2 Lane : 5 Athlete: VANHULLE WILLEM				Q-time: 00:02:00	
PB (25m pool): 01:17.28 TEMSE 23/11/2025			PB (50m pool): 01:11.23 SB: 01:17.28 TEMSE 23/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:34.61		01:17.28	
	00:34.61		00:42.67		
	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:2, starttime: 14:40	
Heat: 2/5 Lane : 7 Athlete: BRYNS BARON YVONNE				Q-time: 00:06:00	
PB (25m pool): 01:30.47 Sint-Amansberg 19/10/2025			PB (50m pool): 01:31.09 SB: 01:30.47 Sint-Amansberg 19/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:43.91		01:30.47	
	00:43.91		00:46.56		
	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:3, starttime: 14:40	
Heat: 3/5 Lane : 1 Athlete: EYCKEN ENORA				Q-time: 00:07:00	
PB (25m pool): 01:31.03 Sint-Amansberg 19/10/2025			PB (50m pool): 01:32.42 SB: 01:31.03 Sint-Amansberg 19/10/2025		
	25 M	50 M	75 M	100 M	
PB		00:43.03		01:31.03	
	00:43.03		00:48.00		
	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:3, starttime: 14:40	
Heat: 3/5 Lane : 4 Athlete: VAN BEYLEN STELLA				Q-time: 00:01:00	
PB (25m pool): 01:14.16 Eeklo 06/04/2026			PB (50m pool): 01:18.40 SB: 01:14.16 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:36.33		01:14.16	
	00:36.33		00:37.83		
	

Coach feedback:

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Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:3, starttime: 14:40	
Heat: 3/5 Lane : 6 Athlete: BAEYE ROMY				Q-time: 00:04:00	
PB (25m pool): 01:29.15 TEMSE 18/05/2025			PB (50m pool): 01:26.69 SB: no time		
	25 M	50 M	75 M	100 M	
PB		00:44.31		01:29.15	
	00:44.31		00:44.84		
	

Coach feedback:

Event number: 9: 100M BACKSTROKE WOMEN 11+				Heat:4, starttime: 14:40	
Heat: 4/5 Lane : 6 Athlete: MORTIER ALIX				Q-time: 00:04:00	
PB (25m pool): 01:21.02 Eeklo 06/04/2026			PB (50m pool): 01:21.63 SB: 01:21.02 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:40.50		01:21.02	
	00:40.50		00:40.52		
	

Coach feedback:

Event number: 10: 100M BACKSTROKE WOMEN 13+				Heat:1, starttime: 14:45	
Heat: 1/3 Lane : 6 Athlete: DE VREESE JULIE				Q-time: 00:04:00	
PB (25m pool): 01:10.18 TEMSE 23/11/2025			PB (50m pool): 01:11.68 SB: 01:10.18 TEMSE 23/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:34.08		01:10.18	
	00:34.08		00:36.10		
	

Coach feedback:

Event number: 11: 100M BACKSTROKE MEN 11+				Heat:2, starttime: 14:45	
Heat: 2/5 Lane : 4 Athlete: WANNEYN LOUIS				Q-time: 00:01:00	
PB (25m pool): no time			PB (50m pool): 01:23.17 SB: no time		
	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	

Coach feedback:

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Event number: 13: 100M BREASTSTROKE WOMEN 11+				Heat:1, starttime: 15:05	
Heat: 1/4 Lane : 7 Athlete: ROGIERS ANNA				Q-time: 00:06:00	
PB (25m pool): 01:42.21 TEMSE 18/05/2025			PB (50m pool): 01:37.88 SB: 01:42.97 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:47.24		01:42.21	
	00:47.24		00:54.97		
	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 15:05	
Heat: 2/4 Lane : 2 Athlete: EYCKEN ENORA				Q-time: 00:05:00	
PB (25m pool): 01:41.57 Dendermonde. 22/11/2025			PB (50m pool): 01:39.89 SB: 01:41.57 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:49.00		01:41.57	
	00:49.00		00:52.57		
	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 15:05	
Heat: 2/4 Lane : 4 Athlete: BAEYE ROMY				Q-time: 00:01:00	
PB (25m pool): 01:36.80 Dendermonde. 22/11/2025			PB (50m pool): 01:36.07 SB: 01:36.80 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:46.63		01:36.80	
	00:46.63		00:50.17		
	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 15:05	
Heat: 3/4 Lane : 2 Athlete: MORTIER ALIX				Q-time: 00:05:00	
PB (25m pool): 01:35.86 Dendermonde. 22/11/2025			PB (50m pool): 01:35.17 SB: 01:35.86 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:46.14		01:35.86	
	00:46.14		00:49.72		
	

Coach feedback:

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Event number: 13: 100M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 15:05	
Heat: 3/4 Lane : 6 Athlete: DE BAERE AUKE				Q-time: 00:04:00	
PB (25m pool): 01:35.34 Eeklo 06/04/2026			PB (50m pool): 01:37.62 SB: 01:35.34 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:44.09		01:35.34	
	00:44.09		00:51.25		
	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 11+				Heat:3, starttime: 15:05	
Heat: 3/4 Lane : 7 Athlete: MAERTENS LOTTE				Q-time: 00:06:00	
PB (25m pool): 01:43.07 Dendermonde. 22/11/2025			PB (50m pool): 01:47.24 SB: 01:43.07 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:48.52		01:43.07	
	00:48.52		00:54.55		
	

Coach feedback:

Event number: 14: 100M BREASTSTROKE WOMEN 13+				Heat:1, starttime: 15:05	
Heat: 1/3 Lane : 5 Athlete: DE VREESE JULIE				Q-time: 00:02:00	
PB (25m pool): 01:17.97 Temse 17/11/2025			PB (50m pool): 01:19.85 SB: 01:17.97 Temse 17/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:37.27		01:17.97	
	00:37.27		00:40.70		
	

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:1, starttime: 15:10	
Heat: 1/4 Lane : 2 Athlete: VAN HULLE MAURO				Q-time: 00:05:00	
PB (25m pool): 01:58.34 Dendermonde. 22/11/2025			PB (50m pool): 01:52.67 SB: 01:58.34 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:56.20		01:58.34	
	00:56.20		01:02.14		
	

Coach feedback:

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Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:2, starttime: 15:10	
Heat: 2/4 Lane : 3 Athlete: BODDAERT LUCAS				Q-time: 00:03:00	
PB (25m pool): 01:34.54 Dendermonde. 22/11/2025			PB (50m pool): 01:28.77 SB: 01:34.54 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:45.36		01:34.54	
		00:45.36		00:49.18	
	

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:2, starttime: 15:10	
Heat: 2/4 Lane : 4 Athlete: RABAEYS LUCAS				Q-time: 00:01:00	
PB (25m pool): 01:21.76 Eeklo 06/04/2026			PB (50m pool): 01:23.82 SB: 01:21.76 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:38.16		01:21.76	
		00:38.16		00:43.60	
	

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 2 Athlete: ROSIERS MATHIAS				Q-time: 00:05:00	
PB (25m pool): 01:22.94 Dendermonde. 22/11/2025			PB (50m pool): 01:24.41 SB: 01:22.94 Dendermonde. 22/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:39.74		01:22.94	
		00:39.74		00:43.20	
	

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 4 Athlete: COUTANT YARNE				Q-time: 00:01:00	
PB (25m pool): 01:16.17 Eeklo 06/04/2026			PB (50m pool): 01:15.75 SB: 01:16.17 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.32		01:16.17	
		00:35.32		00:40.85	
	

Coach feedback:

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Event number: 15: 100M BREASTSTROKE MEN 11+				Heat:4, starttime: 15:10	
Heat: 4/4 Lane : 5 Athlete: BULCKAEN KORNEEL				Q-time: 00:02:00	
PB (25m pool): 01:19.10 Eeklo 06/04/2026			PB (50m pool): 01:20.04 SB: 01:19.10 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:36.46		01:19.10	
	00:36.46		00:42.64		
	

Coach feedback:

Event number: 16: 100M BREASTSTROKE MEN 13+				Heat:1, starttime: 15:15	
Heat: 1/2 Lane : 6 Athlete: RABAEYS LUCAS				Q-time: 00:04:00	
PB (25m pool): 01:21.76 Eeklo 06/04/2026			PB (50m pool): 01:23.82 SB: 01:21.76 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:38.16		01:21.76	
	00:38.16		00:43.60		
	

Coach feedback:

Event number: 17: 100M FREESTYLE WOMEN 11+				Heat:2, starttime: 15:25	
Heat: 2/5 Lane : 1 Athlete: RABAEYS LAURE				Q-time: 00:07:00	
PB (25m pool): 01:18.47 Eeklo 19/04/2026			PB (50m pool): 01:26.04 SB: 01:18.47 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:36.01		01:18.47	
	00:36.01		00:42.46		
	

Coach feedback:

Event number: 17: 100M FREESTYLE WOMEN 11+				Heat:4, starttime: 15:25	
Heat: 4/5 Lane : 7 Athlete: MAERTENS LOTTE				Q-time: 00:06:00	
PB (25m pool): 01:16.18 Eeklo 06/04/2026			PB (50m pool): 01:20.72 SB: 01:16.18 Eeklo 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.49		01:16.18	
	00:35.49		00:40.69		
	

Coach feedback:

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Event number: 17: 100M FREESTYLE WOMEN 11+				Heat:5, starttime: 15:30	
Heat: 5/5 Lane : 6 Athlete: BULCKAEN JANNE				Q-time: 00:04:00	
PB (25m pool): 01:07.57 LAGO Zwevegem 09/06/2025			PB (50m pool): 01:08.54 SB: 01:07.96 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:32.13		01:07.57	
		00:32.13		00:35.44	
	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 13+				Heat:1, starttime: 15:30	
Heat: 1/3 Lane : 3 Athlete: DE VREESE JULIE				Q-time: 00:03:00	
PB (25m pool): 01:02.18 Temse 17/11/2025			PB (50m pool): 01:02.97 SB: 01:02.18 Temse 17/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:29.93		01:02.18	
		00:29.93		00:32.25	
	

Coach feedback:

Event number: 19: 100M FREESTYLE MEN 11+				Heat:1, starttime: 15:30	
Heat: 1/5 Lane : 2 Athlete: BULCKAEN TUUR				Q-time: 00:05:00	
PB (25m pool): 01:31.37 Eeklo 19/04/2026			PB (50m pool): no time SB: 01:31.37 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:42.73		01:31.37	
		00:42.73		00:48.64	
	

Coach feedback:

Event number: 19: 100M FREESTYLE MEN 11+				Heat:1, starttime: 15:30	
Heat: 1/5 Lane : 7 Athlete: FRANKE BENJAMIN				Q-time: 00:06:00	
PB (25m pool): 01:36.59 Eeklo 19/04/2026			PB (50m pool): no time SB: 01:36.59 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:43.84		01:36.59	
		00:43.84		00:52.75	
	

Coach feedback:

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Event number: 19: 100M FREESTYLE MEN 11+				Heat:2, starttime: 15:30	
Heat: 2/5 Lane : 5 Athlete: VERNIERS ROBIN				Q-time: 00:02:00	
PB (25m pool): 01:16.00 Eeklo 19/04/2026			PB (50m pool): 01:16.87 SB: 01:16.00 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:37.01		01:16.00	
	00:37.01		00:38.99		
	

Coach feedback:

Event number: 19: 100M FREESTYLE MEN 11+				Heat:2, starttime: 15:30	
Heat: 2/5 Lane : 8 Athlete: GLAZEMAKERS LOWIE				Q-time: 00:08:00	
PB (25m pool): 01:21.54 Eeklo 19/04/2026			PB (50m pool): no time SB: 01:21.54 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:38.34		01:21.54	
	00:38.34		00:43.20		
	

Coach feedback:

Event number: 19: 100M FREESTYLE MEN 11+				Heat:3, starttime: 15:35	
Heat: 3/5 Lane : 5 Athlete: RABAEYS LUCAS				Q-time: 00:02:00	
PB (25m pool): 01:07.23 Eeklo 19/04/2026			PB (50m pool): 01:11.72 SB: 01:07.23 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:31.53		01:07.23	
	00:31.53		00:35.70		
	

Coach feedback:

Event number: 19: 100M FREESTYLE MEN 11+				Heat:3, starttime: 15:35	
Heat: 3/5 Lane : 6 Athlete: BODDAERT LUCAS				Q-time: 00:04:00	
PB (25m pool): 01:10.26 Eeklo 19/04/2026			PB (50m pool): 01:10.56 SB: 01:10.26 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:33.24		01:10.26	
	00:33.24		00:37.02		
	

Coach feedback:

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Event number: 19: 100M FREESTYLE MEN 11+				Heat:5, starttime: 15:35	
Heat: 5/5 Lane : 2 Athlete: ROSIERS MATHIAS				Q-time: 00:05:00	
PB (25m pool): 01:00.49 Eeklo 19/04/2026			PB (50m pool): 01:01.72 SB: 01:00.49 Eeklo 19/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:29.07		01:00.49	
		00:29.07		00:31.42	
	

Coach feedback: